

Local School Wellness Policy Assessment

School: Discovery Academy Date: February 23, 2017

Staff Present: Noah Campbell (School Leader), Chantel Clariett (Office Manager/Food Svc. Coordinator), Gwen Hovey (Food Svc. Director)

| Wellness Goal | What is being done to support wellness goal? | Possible improvements | Is goal being met? |
|---|--|--|--------------------|
| Sequential and interdisciplinary nutrition education will be provided and promoted. Nutrition education will be integrated into other areas of curriculum, such as math, science, language arts and social studies. | Nothing at this time. | Could work with the Physical Education teacher to incorporate nutritional education once a month. Could possibly hire outside company to give nutrition/health presentations throughout the school year. | No |
| Nutrition education will involve sharing information with families. | All nutritional education flyers sent by ODE are distributed to every student. All the flyers are also posted on the school's website, so parents can have continued access to them. | N/A | Yes |
| Patterns of meaningful physical activity, which connect to students' lives outside of physical education, will be promoted. | There is a 15-20 minute recess every day (weather permitting) for all students. The students have a large area to move around in, as well as having assorted toys to play with. | The school is currently applying for a Kaboom grant to get a playground built. | Yes |
| Physical activity will be integrated when possible, across curricula and throughout the school day. | Teachers encourage movement within their classrooms, such as having the students move seats to work in small groups. | N/A | Yes |
| Physical education includes individual activities as well as team sports. | The school has team sports, including basketball and cheer. | N/A | Yes |

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| Physical education will involve sharing information with families. | Nothing at this time. | The Food Service Director can give flyers to schools to pass out to families with relevant physical education information. | No |
| The school environment will be safe, comfortable, pleasing and will allow ample time and space for eating meals. Students are allowed at least 20 minutes to eat lunch. | The students actually have 30 minutes to eat lunch, to accommodate any extra time waiting in line or any tardiness to the lunch room. With the additional 10 minutes, every student should certainly have 20 minutes just for eating. | N/A | Yes |
| Food and/or physical activity will not be used inappropriately as a reward or punishment. | No student is ever denied the opportunity to have a meal, Additionally, if a student is misbehaving, they are still allowed to go to recess, but must walk next to the teacher, rather than playing with their friends. | N/A | Yes |
| The schools may demonstrate support for health of all students by hosting health clinics and health screenings, and helping to enroll children in state children's health insurance programs. | Nothing at this time | In the past, the school had partnered with other community programs to bring opportunities to the students and their families. More focus will be given to establish new partnerships within the community that can bring health education and opportunities to students. | No |

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| <p>The planning of all school-based activities will take into consideration the local wellness policy goals.</p> | <p>Smart Snacks standards are strictly enforced. The school does not have any vending machines, a school store, or fundraisers with unhealthy foods. Teachers are also encouraged to bring in healthy foods to use as classroom rewards. The few occasions where there are not Smart Snacks compliant food are very infrequent.</p> | <p style="text-align: center;">N/A</p> | <p style="text-align: center;">Yes</p> |
| <p>Child Nutrition Programs will comply with and will not be less restrictive than federal, state, and local requirements. Child Nutrition Programs are accessible to all children.</p> | <p>All requirements for our breakfast and lunch program are followed by our vendor. The school is also part of the Community Eligibility Option, so every student is able to have a free meal.</p> | <p style="text-align: center;">N/A</p> | <p style="text-align: center;">Yes</p> |
| <p>All food and beverages made available on campus by the school (including vending, concessions, a la carte, student stores, parties, and fundraising) during the school day are consistent with the standards described by the National School Lunch Program, Senate Bill 210, and Healthy Choices for Healthy Children Act.</p> | <p>Smart Snacks standards are strictly enforced, and all food sold during the school day is compliant.</p> | <p style="text-align: center;">N/A</p> | <p style="text-align: center;">Yes</p> |

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| All foods made available on campus adhere to food safety, security, and nutrition guidelines. | Our vendor follows all guidelines for food safety, security, and nutrition. | N/A | Yes |
| Students will not be permitted to have carbonated beverages during the school day. | If a student brings in a carbonated beverage, it will be confiscated by staff. If the beverage is unopened, it will be returned at the end of the day with a letter to the parents explaining our wellness policy. If the beverage is opened, it is thrown away and the parents are called about the situation and given an explanation of the policy. | N/A | Yes |